

## Sri Vishnu Sahasranaama Sthotram



Shuklam-baradharam Vishnum shashivarnam chaturbhujam |  
Prasanna vadanam dhyayet sarva vighnopa-shantaye ||

Vyasam vasistha-naptaram shakteh poutrama-kalmasham |  
Parasha-raatmajam vande shukatatam taponidhim ||

Vyasaya vishnuroopaya vyasaroopaya vishnave |  
Namoi vai brahmanidhaye vasisthaya namo namah ||

Avikaraya shudhaya nithya paramathmane |  
Sadaika roopa roopaya vishnave sarva gishnave ||

Yasya smarana-matrena janma-samsara bhandanat |  
Vimuchyate namasta-smai vishnave pradha-vishnave ||

Om namo vishnave prabhavishnave

### Vaishampayana Uvacha

Shrutva dharma nasheshana pavanani cha sarvashah |  
Yudhishthirah shantanavam punareva abhya-bhashata ||

## Yudhishtir Uvacha

Kimekam daivatam loke kim vapyekam parayanam |  
Stuvantah kam ka marchantah prapnuyuh manavah-shubham ||

Ko dharmah sarva-dharmanam bhavatah paramo matah |  
Kim japanmuchyate janthuh janma samsara-bandhanat ||

## Bhishma Uvacha

Jagat-prabhun deva-devam anantam purusho-tamam |  
Sthuva nnama-sahasrena purushah satatottitah ||

Tameva charcha-yannityam bhaktya purusha mavyayam |  
Dhyayan stuvan nama-syamschha yajamanah thameva cha ||

Anadi-nidhanam vishnum sarvaloka mahe-shvaram |  
Lokadhyaksham sthuvam nnityam sarva-duhkhatigo bhavet ||

Brahmanyam sarva-dharmagnam lokanam keerthi-varadhanam |  
Lokanatham maha.-dbhootam sarvabhuta-bhavod-bhavam ||

Esha me sarva-dharmanam dharmo-dhikatamo matah |  
Yadbhaktya pundaree-kaksham stavairarche nara sada ||

Paramam yo maha-tejaha paramam yo maha-tapaha |  
Paramam yo mahad-bramha paramam yah parayanam ||

Pavitranam pavitram yo mangalanam cha mangalam |  
Daivatam devatanam cha bhootanam yovyayah pita ||

Yatah sarani bhutani bhavantyadi yugagame |  
Yasminscha pralayam yanti punareva yugakshaye ||

Tasya loka pradhanasya jaganna-thasya bhupate |  
Vishnor nama-sahasram me shrunu papa-bhayapaham ||

Yani namani gounani vikhyatani mahatmanah |  
Rishibhih parigeetani tani vakshyami bhootaye ||

Vishno-ranam sahasrasya vedavyaso maha munih |  
Chandho nusthup tatha devah bhagavan devakee-sutah ||

Amrutham-shubdavo beejam shaktir-devaki nandanah |  
Trisama hrudayam tasya shantya-rdhe viniyu-jyate ||

Vishnum jishnum maha-vishnum prabha-vishnum mahe-svaram |  
Anekarupam daithyantham namami purushottamam ||

Asya shree vishno divya sahasranama sthotra maha-mantrasya,  
shree vedavyaso bhagavan rishih,  
ansthup-chandah shree maha vishnuh paramatma shree mannarayanoo devata,  
amritam-shoodbhavo bhanuriti beejam,  
devakee nandana srasthetih shakthi udbavah kshobha-noo-deva iti paramo  
mantrah,  
shankha-bhru-nnadakee chakreeti keelakam,  
sharnga-dhanva gadadhara itiastram rathanga-pani rakshobhya iti netram,  
trisama samaga ssamete kavacham,  
Annandham para-bramheti yonih rutu-shudarshanah kala iti digbandanah,  
sree vishvaroopta iti dhyanam,  
shree maha vishnu-preet-yarthe vishnordivya sahasra-nama jape viniyogah.

Dhyanam

Kshiro-dhanvat-pradesha suchimani vilasat saikyate mauktikanam  
Maalaak-la-pta-sanasthah spatika-mani nibhah mukhtikaih mandi-takngah |

Shrub-brai-rabrai-radabraih upari verachitaih muktah-peeusha-varsh  
Aanande nah puniyat arenalina gadha shankha-panhi mukundaha ||

Bhuh padao yasyanabih viyada-suranelah chandra-soorya-cha-netra |  
Karna-vasa-serodyah mooka-mapi dahano yesya-vaste-yamabdhih |

Antastham-yasya-vishwam-suranara khagago bhogi gandharva dhaityeh !  
Chitram ram-ramyate tham tribhuvana-vapusham vishnu-meesham namami !!

Om namo bhagavate vasudevaya

Shantha-karam bhujaga-shayanam padma-naabham suresham |  
Vishva-khaaram gagana sadrusham megevarnam shubhangam ||

Lakshmi-kantham kamala-nayanam yogi-hrudhyana-gamyam |  
Vande vishnum bava-bhaya-haram sarva-lokaika-natham ||

Megha-shyamam peetha-kauseya-vasam sree vatsajkam kaustu-bhod-bhace-  
thangam !

Punyo-petam pundari-kaya thaksham vishnum vande sarva-lokaika natham ||

Namah samasta bhutanam-adi-bhutaya bhubrite  
Aneka-ruparupaya vishnave prabha-vishnave

Sashamkha-chakram-sakrireeta-kundalam sapeetha-vastram-saraseeru-he  
kshanam |  
Sahara-vaksha sthala-shobi-kaustubham namami-vishnum-seerasaa chatur  
bhujam ||

1	Om vishvam vishnu rvashatkaro bhoota-bhavya bhavat- prabhuh   Bhoota-krut bhoota-bhrud-bhavo bhootatma bhoota- bhavanah.
2	Pootatma paramatma cha muktanam parama-gatih   Avyayah purusha sakshee kshetragno-kshara eva cha.
3	Yogo yoga-vidam neta pradhana puru-sheshvarah   Narasimhavapu shreeman keshavah puru-shottamah.
4	Sarvah sharvah shivah sthanuh bhootadi-rnidhi ravyayah   Sambhavo bhavano bharta pradhavah prabhu reeshvarah
5	Sarvah sharvah shivah sthanuh bhootadi-rnidhi ravyayah   Sambhavo bhavano bharta pradhavah prabhu reeshvarah
6	Aprameyo hrushee-keshah padma-nabho-mara-prabhuh   Vishva-karma manu-stvastha sthavishtah sthaviro dhruvah
7	Agrahyah shashvatah krishno lohi-takshah pratrdanah   Prabhoota strikakubdhama pavitram mangalam param
8	Ishannah pranadah prano jyeshthah shreshthah prajpatih   Hiranya-garbho bhoo-garbho madhavo madhu-soodanah
9	Ishvaro vikramee dhanve medhavee vikramah kramah   Anuttamo dura-dharshah krutagnah kruti-ratmavan
10	Suresha sharanam sharma vishva-retah praja-bhavah   Ahah samvatsaro vyalah pratyaya sarva-darshanah
11	Aja sarve-shvara siddhah siddhi sarvadi rachyutah   Vrishakapi rame-yatma sarva-yoga vinih-srutah
12	Vasu rvasumana satyah samatma sammita samah   Amoghah pundaree-kaksho vrusha-karama vrusha-krutih
13	Rudro bahushira babhruh vishva-yoni shuchi-shravah   Amrita shashvatah stanuh vararoho maha-tapah
14	Sarvaga sarva-vidbhanuh vishva-kseno janardanah   Vedo veda-vidha-vyango vedango veda-vit-kavah
15	Loka-dhyaksha sura-dhyaksho dharmadhyakshah kruta- krutah

	Chatu-ratma chatu-rvyooha chatur-damshtrah chatur-bhujah 
16	Bhrajishnu rbhojanam bhokta sahisnu rajaga-dadijah   Anagho vijayo jeta vishva-yonih punar-vasuh
17	Upendro vamanah pramshuh amogha shuchi roorjitah   Ateendra sangrahaah sargo dhrutatma niyamo yamah
18	Vedyo vaidya sada yogee veeraha madhavo madhuh   Ateendriyo maha-mayo mahotsaho maha-balah
19	Maha-buddhir-maha-veeryo maha-shaktir-maha-dyuthih   Anirdeshyavapu-shreeman ameyatma maha dridhrut
20	Mahe-shvaso mahee-bharta shreeniva satamgatih   Aniruddha sura-nando govindo govidam patih
21	Mareechi rdamano hamsah suparno bhuj-gottamah   Hiranya-nabhah sutapah padma-nabhah praja-patih
22	Amrityu sarva-druk-simhah sandhata sandhi-man sthirah   Ajo durma-rshana shastha vishru-tatma sura-riha
23	Guru rguru-tamo dhama satya satya para-kramah   Nimisho-nimiisha srugvee vacha-spati ruda-radheeh
24	Agranee-rgramanee shreeman nyayo neta samee-ranah   Sahasra-moordha vishvatma saha-srakshah saha-srapat
25	Avartano nivru-ttatma sam-vruta sampra-mardanah   Aha-ssama-vartako vahnih anilo dharanee-dharah
26	Supra-sadah prasa-nnatma vishva sruvishva-bhugvibhuh   Satkarta satkruta-sadhuh jahnur-narayano narah
27	Asan-khyeyo prame-yatma vishi-shta shishta-kruchu-chih   Siddhar-thah siddha-sankalpah siddhida siddhi-sadhanah
28	Vrishahee vrishabho vishnuh vrusha-parva vrusho-darah   Vardhano vardha-manascha vivikta shruti-sagaraah
29	Subhujo durdharo vagmee mahendro-vasudho vasuh   Naika-roopo bruha-droopah shipi-vishtah praka-shanah
30	Oja-hstejo dyuti-dharah praka-shatma prata-panah   Bhuddhah-spashta-khsharo mantrah chandramshu- rbhaskara-dyutih
31	Amritam-shoodbhavo bhanuh shasha-bindhu-sureshvarah   Ausha-dham jagata setuh satya-dharma para-kramah
32	Bhoota-bhavya bhava-nnathah pavanah pavano-nalah   Kamaha-kama-krutkantah kamah kama-pradah prabhuh

33	Yugadi-krudyu-gavarto naika-mayo maha-shanah   Adrushyo vyakta-roopaschha sahasra-jidanantajit
34	Ishto-vishishta shishte-shtah shikhandee nahusho vrushah   Krodhaha krodha-krutkarta vishva-bahurma-heedharah
35	Achyutah-prathithah pranah pranado vasa-vanujah   Apamnidhi radishta-nam apra-mattah prati-shtitah
36	Skandah sanda-dharo dhuryo varado vayu-vahanah   Vasudevo bruha-dbhanuh adidevah pura-ndarah
37	Ashoka starana starah shoora-showri rjane-shvarah   Anu-koola shata-vartah padmee padma-nibhe-kshanah
38	Padma-nabho ravinda-kshah padma-garbha-shareera-bhrut   Mahardhi bhoddho vruddha-tma maha-ksho garuda-dhvajah 
39	Atula-sharabho bheemah sama-yagno havir-harih   Sarva lakshana lakshanyo lakshmeevan samiti-njayah
40	Veksharo rohito margo hethur-damodara sahadh   Mahee-dharo maha-bhago vegavana-mitashanah
41	Udbhavah ksho-bhano devah shree-garbhah parame-shvarah   Karanam karanam karta vikarta gahano guhah
42	Vyava-sayo vyava-sthanah sams-thanah sthanado dhruvah   Para-rdhih parama-spashta stushtah pushtah-shubhe- kshanah
43	Ramo viramo virajo margo neyo nayo-nayah   Veera-shakti-matam shreshto dharmo dharmavidu-ttamah
44	Vaikunthah purushah pranah pranadah pranavah pruthuh   Hiranya-garbha shatru-ghno vyapto vayu-radho-kshajah
45	Rutu-sudar-shanah-kalah para-meshthi pari-grahah   Ugra-samva-tsaro daksho vishramo vishva-dakshinah
46	Vistarah sthavara ssthanuh pramanam beeja-mavyayam   Artho-nartho maha-kosho maha-bhogo maha-dhanah
47	Anir-vinnah sthavishto bhoo dharmayopo maha-makhah   Nakshatra-nemir-nakshatree kshamah shamah-samee-hanah 
48	Yagna ijyo mahe-jyashcha kratuh-satram satam-gatih   Sarva-darshee nivru-tatma sarva-gno gnana muttamam
49	Suvrata-sumukha-sookshmah sughosha-sukhada-suhrut   Mano-haro jita-krodho veerba-burvi-daranah

50	Swapanah svavasho vyapee naika-tma naika-karmakrut   Vatsaro vatsalo vatsee ratnagarbho dhaneshvarah
51	Dharmagubdharmakrutdharmee sadasatksharamaksharam   Avignata saha-sramshuh vidhata kruta-lakshanah
52	Gabhasti-nemi-satvasthah simho bhoota-mahe-shvarah   Adidevo mahadevo devesho deva-bhrudguruh
53	Uttaro gopatir-gopta gnana-gamyah pura-tanah   Shareera-bhoota-bhrud-bhokta kapee-ndro bhoori-dakshinah 
54	Somapo mrutapa-somah purujit-puru-sattamah   Vinayo-jaya-satya-sandho dasha-rhah satva-tampatih
55	Jeevo vina-yita sakshee mukundo mita vikramah   Ambho-nidhi rana-ntatma maho-dadhi-shayo-ntakah
56	Ajo maharhah svadhavyo jita-mitrah pramo-danah   Anando nandano nandah satya-dharma trivi-kramah
57	Maharshih kapila-charyah krutagno medi-neeptih   Tripada-strida-shadh-yakshah maha-shringah krutan-takrut
58	Maha-varaho govindah sushenah kana-kangadee   Guhyo gabheero gahano gupta-shchakra gadadharah
59	Vedhah-svango jitah-krishno dridha-sankarshano chyutah   Varuno varuno vrukshah pushka-raksho maha-manah
60	Bhaga-van bhagaha-nandee vana-malee hala-yudhah   Adityo jyoti-radityah shishnur-gati-sattamah
61	Sudhanva khana-parashuh daruno dravinah pradah   Divi-spru-ksarva drugvyaso vacha-spati rayonijah
62	Trisama samaga-samah nirvanam bheshajam bhishak   Sanya-sakrutcha-mashanto nishtha-shantih para-yanam
63	Shubhanga-shanti-dasrushta kumudah kuva-leshayah   Gohito gopati-rgopta vrusha-bhaksho vrusha-priyah
64	Anivarthee nivru-ttatma samkshepta kshema-krutchhivah   Shree-vatsa-vakshah shree-vasah shree-pathih shree-matam varaah
65	Shreedaa-shreeshah shree-nivasah shree-nidil-shree- vibhavanah   Shree-dhara-shree-kara-shreyah shreem-man-lokatra- yashrayah
66	Svaksha svangah shata-nando nandi-rjyoti rgane-shvarah   Viji-tatma vidhe-yatma satkeerti-shchhinna samshayah

67	Udeerna-sarva-tashchakshuh aneesha shashvatah sthirah   Bhooshayo bhooshano bhooti vishoka shoka-nashanah
68	Archishma narchitah kumbho vishu-ddhatma visho-dhanah   Aniriddho pratirathah pradyumno mita-vikramah
69	Kala-neminiha shourih shoora shoora-jane-shvarah   Tilo-katma trilo-keshah keshavah keshiha harih
70	Kama-devah kama-palah kamee kantah kruta-gamah   Anirde-shyavapuh vishnuh veero nantho dhananjayah
71	Bramhanyo bramha-krut bramha barmha bramha vivar- dhanah   Bramha-vitbramahno bramhee bramhagno bramhana-ptiyah 
72	Maha-kramo maha-karma maha-teja mahoragah   Maha-kritu rmahayajva maha-yagno maha-havih
73	Stavya-stava-priya stotram stuta stotaa rana priyah   Poornah poorayita punyah punya-keerti rana-mayah
74	Mano-java steertha-karo vasu-reta vasu-pradah   Vasu-prado vasu-devo vasur-vasu-mana havih
75	Sadgati satkruti-satta sadbhooti satpa-rayanah   Shoora-seno yadu-shreshthah sannivasa suya-munah
76	Bhoota-vaso vasu-devah sarva-sunilayo nalah   Darpaha darpado drupto durdharo thapa-rajitah
77	Vishva-moortir-maha-moortih deepta-moorti ramoortiman   Aneka-moorti-ravyaktah shata-moorti shata-nanah
78	Eko-naika savah kah kim yatta-tpada manu-ttamam   Loka-bandhu rlokanatho madhavo bhakta-vatsalah
79	Suvarna varno hemango varanga shchhanda-nangadee   Veeraha vishama shoonyo khritashee rachala shchalah
80	Anu rbruha tkrushah sthoolo guna-bhrunnir-guno-mahan   Adhruta svadhruta svastyah pragvamsho vamsha vardhanah 
81	Tejo vrusho dyuti-dharah sarva-shastra-bhrutam varah   Pragraho nigrabo vyagro naika-shrungo gada-grajah
82	Chatur-moorti chatur-bhahu chatur-vyoohah chatur-gatih   Chatu-ratma chatur-bhavah chatur-veda-vidhekapat
83	Sama-varto nivru-ttatma durjayo durati-kramah   Durlabho durgamo durgu dura-vaso dura-riha

84	Shubhango loka-sarangah sutantu stantu-varadhanah   Indra-karma maha-karma kruta-karma kruta-gamah
85	Udbhava sundara sundo ratana-nabha sulo-chanah   Arko vaja-sani shrungi jayantah sarva-vijjay
86	Suvarna bindu-rakshobhyah sarva-vagee-shvare-shvarah   Maha-hrado maha-garto maha-bhooto maha-nidhih
87	Kumudah kundarah kundah parjnyah pavano nilah   Amrutamsho mruta-vapuh sarvagnah sarva-tomukhah
88	Sulabha suvratah siddhah shatruji chhatru-tapanah   Nyagro-dhodumbaro shvatthah chanoo-randhru nishoo- danah
89	Saha-srarchi sapta-jihvah saptai-dha sapta-vahanah   Amoorti ranagho chintyo bhaya-krudbhaya-nashanah
90	Anu rbruha tkrushah sthoolo guna-bhrunnir-guno-mahan   Adhruta svadhruata svastyah pragvamsho vamsha vardhanah 
91	Bhara-bhrut kathito yogee yogeesah sarva kamdah   Ashrama shramanah kshamah suparno vayu-vahanah
92	Dhanur-dharo dhanur-vedo dando damayita damah   Apara-jita sarva-saho niyanta niyamo yamah
93	Satvavan satvika satyah satya-dharma para-yanah   Abhi-prayah priyarhorhah priyakrut preeti-varadhanah
94	Vihaya-sagati rjyotih suru-chirhu-tabhugvibhuh   Ravi vvirochana sooryah savita ravi lochanah
95	Ananta huta-bhugbhokta sukhado naikado grajah   Anirvinna sada-marshee lokadhi-shthana madbhutah
96	Sanaa tsana-tana-tamah kapilah kapi-ravyayah   Svastida svasti-krut svasti svastibhuk svasti-dakshinah
97	Aroudrah kundalee chakree vikra-myoorejita shasanah   Shabdatiga shabda-sahah shishira sharva-reekarah
98	Akroorah peshalo daksho dakshinah kshaminam varah   Vidvattamo veeta-bhayah punya-shravana keertanah
99	Uttarano dushkrutiha punyo dussvapna nashanah   Veeraha rakshana santo jeevanah parya-vasthitah
100	Anantha roopo nantha shreeh jitamanyur-bhayapahah   Chatu-rasro gabhee-ratma vidisho vyadisho dishah
101	Anadi rbhoorbhuvo lakshmeeh suveero ruchi-rangadah   Janano jana janmadih bheemo bheema-para-kramah

102	Adhara nilayo dhata pushpa-hasah praja-garah   Urdhvaga satpa-thacharah pranadah pranavah panah
103	Pramanam prana nilayah prana-bhrut prana jeevanah   Tattvam tattva videkatma janma mrutyu jaratigah
104	Bhoorbhuva svasta-rustarah savita prapi-tamahah   Yagno yagna-patir-yajva yagnango yagna-vahanah
105	Yagna-bhrut yagnakru t yagee yagnabhuk yagna-sadhanah   Yajna-ntakrut yagna guhyam anna mannada eva-cha
106	Atma-yoni svayam jaato vaikhana sama-gayanah   Devakee nandana srashta kshiteeshah papa-nashanah
107	Shankha-bhrut nandakee chakree sharngadhanva gada- dharah   Rathanga-pani rakshobhyah sarva praha-rana-yudhah
	Sree sarva-praha-rana-yudha om naman ithi
108	Vanmalee gadee sharngi shankhee chakree cha nandakee   Shree-maannaraayano vinshuh vasu-devo dhira-kshatu    (repeat the above two lines)

1	Iteedam keerta-neeyasya kesha-vasya maha-tmanah   Namnam sahasram divya-nam ashe-shena prakeer-titam
2	Ya edam shrunuyat nityam yaschhapi parikeertayet   Nashubham-prapnuyat-kinchit so mutreha-cha-manavah
3	Vedan-tago bramhana-syat kshatriyo vijayee bavet   Vaisyo dhana-samru-ddhasyat shhoodra sukha mavap-nuyat 
4	Dharmarthee prapnu-yatdharmam artharthee chartha mapnuyat  Kamana-vapnuyat-kamee prajarthee chapnu-yat-prajam
5	Bhakt-imanya sadothaya shuchi-stadgata manasah   Sahasram vasu-devasya namna metat prakee-rtayet
6	Yashah prapnoti vipulam ynati praadhanya meva-cha   Achalam shriya mapnothi shreyah prapnotya-nuttamam
7	Na bhayam kvachi dapnoti veeryam tejachha vindati   Bhava tyarogo dhyu-timan bala-roopa gunan-vitah
8	Rogarto muchyate rogat baddho muchyeta bandhanat   Bhaya nmuchyeta bheetastu muchye tapanna apadha
9	Durganya-titara tyashu purushah purusho-ttamam

	Stuva nnama-saha-srena nityam bhakti saman-vitah
10	Vasu-deva-shrayo marthyo vasu-deva para-yanah   Sarva-papa vishu-ddhatma yati bramha sana-tanam
11	Na vasu-deva bhakta-nam ashubham vidyate kvachit   Janma mrithyu jara vyadhi bhayam naivapa jayate
12	Emam stava madhee-yanah shraddha-bhakti sama-nvitah   Yujye tatam sukha-kshantih shree-dhrati smruti keertibhih
13	Na krodho na matsaryam na lobho na shubha-matih   Bhavanti kruta punyanam bhakta-nam puru-shottame
14	Dhyou sachan-drarka nakshatra kham disho bhoorma- hodadhih   Vasu-devasya veeryena vidhrutani mahat-manah
15	Sa-sura-sura gandharvam sa-yaksho-raga raksha-sam   Jaga-dvashe varta-tedam krishnasya sachara-charam
16	Indri-yani mano-buddhih satvam tejo-balam dhrutih   Vasu-devatma kanyahuh kshetram-kshetragyna eva cha
17	Sarva-gamana macharah prathamam pari-kalpate   Aachara prabhavo dharmo dharmasya pradhu-rachyutah
18	Rushayah pitaro devah maha-bhootani dhatavah   Jangama-jangamam chedam jagannaraya-nodbhavam
19	Yogo gyanam tatha sankhyam vidya shilpadi karma-cha   Vedah shasthrani vigynana etat-sarvam janar-danat
20	Eko-vishnu rmaha-dbhootam prutha-gbhoota nyaneekasah   Trilon-lokan-vyapya-bhootatma bhujkte vishva-bhugavyayah
21	Emam stavam bhagavato vishnor-vyasena keertitam   Pathedya echhet purushah shreyah praptum sukhani-cha
22	Vishve-shvara majam devam jagatah prabhu mavyam   Bhajanti ye pushka-raksham nate yanti para-bhavam
23	Na te yanti para-bhavam om nama iti  ARJUNA UVACHA  Padma-patra visha-laksha padma-nabha suro-ttama   Bhaktana manu-raktanam trata bhava janar-dana
24	SHREE BHAGAVAN UVACHA  Yo-mam nama saha-srena stotu michhati pandava   Sho ha mekena shlokena stuta eva na samshayah     Stita eva na samshaya om nama iti
25	VYASA UVACHA

	<p>Vasa-naad vasu devasya vasitham te jaga-thrayam   Sarva-butha nivaso si vaasu-deva namo stute   </p> <p>Vasu-deva namostute om nama iti</p>
26	<p>PARVATI UYVACHV</p> <p>Keno-paayena laghunaa vishnur-nama saha-skrakam   Patyate pamditeh nityam shortu michha myaham prabho   </p>
27	<p>ESHWARA UVACHA</p> <p>Shree-rama ram rameti rame raame mano-rame   Saha-sranaama tattulyam raama-naama varaa-nane    Raama-naama varaa-nana om nama iti (The above 2 lines read 2 times)</p>
28	<p>BRAMHO UVACHA</p> <p>Namo stvana-ntaya saha-sramurtaye Saha-srapaa-dakshi shiroru-bahave   Saha-sranaamne puru-shaya shashvate Saha-srakoti-yuga-dharine namah    Saha-srakoti yuga-dharina om nama iti</p>
29	<p>SANJAYA UVACHA</p> <p>Yatra yoge-shvarah krushno yatra paardho dhanur-dharah   Tatra-shreeh vijayo bhutih dhruva neetih mati rmama   </p>
30	<p>SHREE BHAGA-VAANU-VACHA</p> <p>Ananya-schanta-yanto mam ye janaah paryu-panate   Tesham nitya-bhiyuktanaam yoga-kshemam vaha-myaham   </p>
31	<p>Pari-tranaya sabhunaam vinaa-shaya cha dushkrutam   Dharam samstha-panardhaya sambha-vami yuge yuge   </p>
32	<p>Aartha-vishanna-shithila-schabhitah ghoreshucha-vyadhi- varthamanah   Samkeertya-narayana-shabda-matram vimukta-duhghah- sukhino-bhavanti   </p>
	<p>Kayena vaachha mana-sendhriyerva Buddhyatma-naavaa prakrute-svabha-vaat   Karomi yadyat sakalam parasmai Naaraa-yanayeti samarpa-yame   </p>